



APPRECIATING PERSONALITIES ©

Appreciating Personalities © uses the popular tool Myers Briggs Type Indicator ® to improve self awareness and our ability to understand and work more effectively with others through exploring individual differences in personality.

The Appreciating Personalities © workshop examines why it's important to recognize and appreciate diversity in personalities and how they influence our ability to understand ourselves and others better. It is vital that individuals increase their flexibility when working with others in order to communicate effectively and build more productive relationships both with colleagues and clients. This workshop will improve self-understanding and development through the constructive use of different preferences and by examining our strengths and weaknesses.

Learning Outcomes:

- Understand your own personality preferences and those of others
- Learn how to adapt your style to enhance professional relationships both internally and externally
- Gain insight into customer and client preferences
- Apply the MBTI© preferences for building team performance

Timing 2 – 6 hours Suitable for 1 – 80 participants

To find out more please contact info@springbc.com