



LEADERSHIP AND EXECUTIVE COACHING©

"People don't only use a coach when there is a problem with their technique; they understand that no matter how good their technique is, there is always room for improvement." John Perry, Sport Psychology

Leadership and executive coaching is invaluable! It can help unlock your potential to maximise your performance. From time to time, we all need personal guidance to help us improve our business or personal performance. You might be a leader wanting to improve your leadership capability, or a small group that needs to perform more effectively.

Spring Business Consulting can provide you with tailored, practical coaching based on proven coaching models, to give you the support and access to deeper levels of expertise when you need it the most.

Learning Outcomes:

- Clear understanding of your personal and/ or leadership goals
- An action plan to help achieve goals
- Identification of roadblocks and strategies to address
- Tailored support to keep you accountable and help you through various leadership challenges and situations
- A sense of pride and achievement

Timing: one off or a program

Suitable for 1 – 6 participants

To find out more please contact info@springbc.com